

Older People, Housing, Health & Care

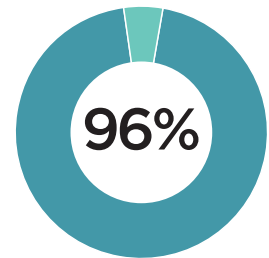
Key Facts

Housing

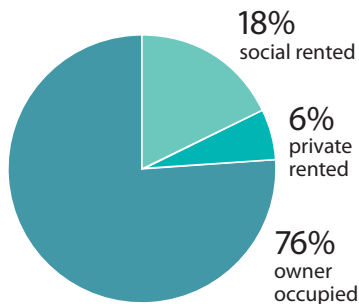


Older people (55+) live in 43% of all homes (9.5m older households)

96% of older households live in mainstream homes



Most older people are owner occupiers

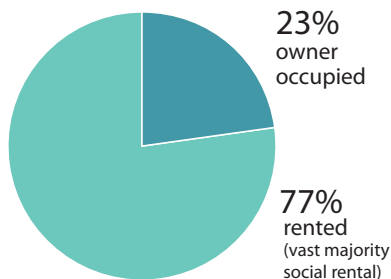


2 million older households are living in non-decent* homes

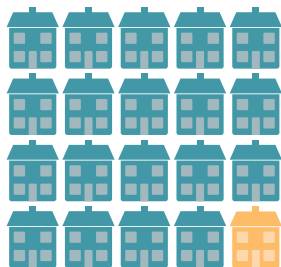
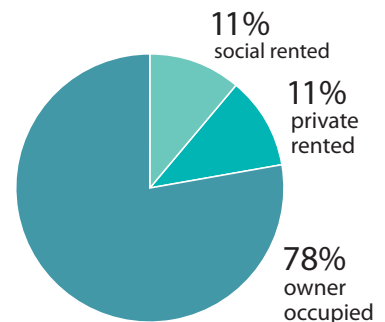


*home has a serious (Cat 1) hazard which puts the occupant at risk

500,000 specialist homes (sheltered, extra care, retirement)



Most non-decent homes lived in by older people are owner occupied



95% of homes lack even basic accessibility features



4 in 10 Older people are not universally well off.

- 4 in 10 pensioners experienced 'persistent poverty' (2010-13)
- 67% of pensioners in poverty are owner-occupiers

Care & Repair England is a charitable organisation (IPS Reg No 25121R) established in 1986. It aims to improve older people's housing and believes that all older people should have decent living conditions in a home of their own choosing.

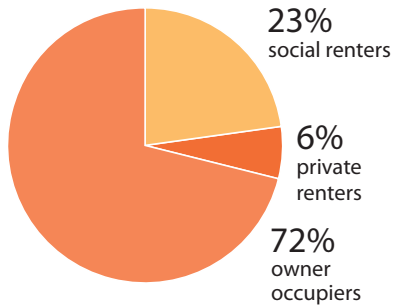
info@careandrepair-england.org.uk careandrepair-england.org.uk

Older People's Housing Champions Network supports action by older people's groups to improve housing and related services for an ageing population across England.

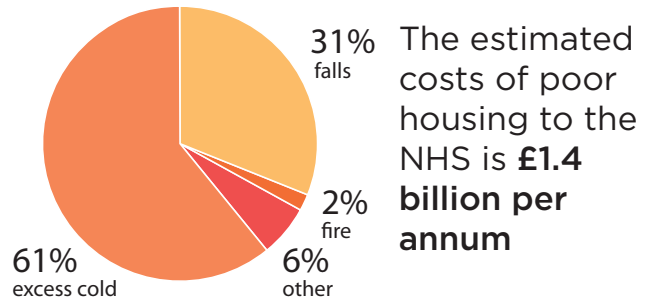
housingactionblog.wordpress.com

Health & Care

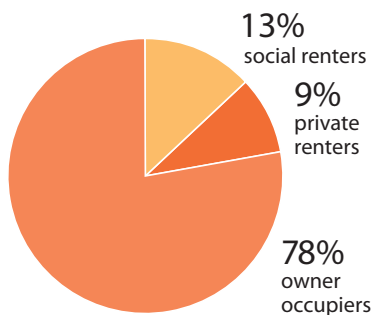
Housing conditions have a causal link to a wide range of common chronic health conditions, including respiratory illnesses, stroke, heart disease and depression. They also impact on risk of injury and accidents, particularly falls, amongst older people.



There are **2.5 million** long term sick or disabled people over 65yrs



The estimated costs of poor housing to the NHS is **£1.4 billion per annum**

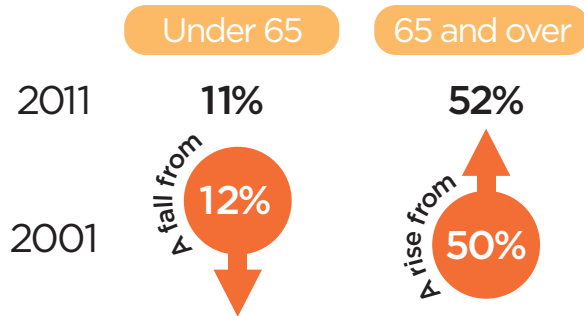


530,000 long term sick and disabled over 65yrs live in a non-decent home



40% of the NHS's budget is spent on caring for people over 65 yrs

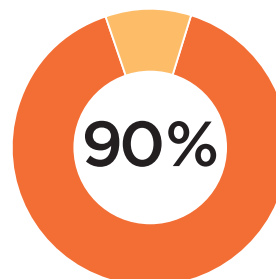
Daily activity-limiting long term health problem/disability trends



300 older people can be helped by a handy person for the same cost of **one place** in a care home for a year



47% of women & 39% of men over 65yrs report difficulty walking a moderate distance



Home adaptations **improved quality of life for 90%** of recipients, as well as for carers

Data Sources: *Survey of English Housing* (Annual) DCLG; ONS 2011 Census Analysis; Garrett H et al (2015) *Homes & Ageing in England* BRE & PHE; Nicol S et al (2014) *The cost of poor housing to the NHS*; Melzer D (2012) *Health care quality for an active later life* AgeUK; ONS (2015) *Persistent Poverty in the UK and EU 2008-13*; Pannell J Blood I (2012) *Supported Housing for Older People in the UK: An Evidence Review*, JRF; wTorrington J (2014) *Future proofing housing & the built environment* Foresight Project GO-Science; APPG (Housing & Care) (2011) *Living Well at Home Inquiry*; Heywood F S & Turner L (2007) *Better Outcomes, Lower Costs* ODI, DWP